**Mission statement:**

Using Ministry and Reiki to provide a spiritually supportive environment, facilitating the journey of balance and harmony of the Mind, Body and Spirit of every soul, endeavoring to achieve their highest potential.

**Philosophy:**

The only world we can change is our own. This noble and righteous endeavor is an endless journey. Finding balance and harmony within, begins with loving oneself. Self-love is positive, peaceful and powerful.

When one balances their Mind, Body and Spirit, the positive environment encourages the body to repair and restore itself, and the created harmony will radiate outward, fostering a more positive world - one person at a time.

There is an All Present, Higher Power – a God within us all - with unlimited potential. We can nurture, foster and expand our unlimited potential with positive thoughts, environments and self-care - finding and maintaining Balance with the Mind, Body and Spirit, thus creating Harmony.

**Intention:** To honor and respect all through faith, love and understanding, and to cause no harm.

**Disclaimer: Ministry and Reiki are complementary to medical care and treatment. Ministry and Reiki are NOT replacements for medical care, medical treatments, physician prescribed medications, and psychiatric and psychological counseling. It is recommended and encouraged for all clients adhere to the advice and counsel of your medical team. Reiki – Balance & Harmony, LLC will work with your medical team in your journey of balancing the Mind, Body and Spirit.**

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